### HEALTH LINKS.

#### **Health Links:**

## Manatee County's Solution to Addressing Adulthood Obesity and Sedentariness









#### Manatee County: Adult Overweight and Obesity

# 61.9% of Manatee County adults are overweight or obese

Data source: 2013 Florida Behavioral Risk Factor Surveillance System (BRFSS)

# 22.6% of Manatee County adults are sedentary

Data source: 2013 Florida Behavioral Risk Factor Surveillance System (BRFSS)



#### **About Health Links Florida**





The Florida Department of Health in Manatee County is proud to bring together key community partners in a collective effort to improve the health and wellbeing of our local workforce, while creating an overall culture of health in Manatee. DOH-Manatee, in partnership with the Manatee County Chamber of Commerce, Blake Medical Center, and Health Links at the Colorado School of Public Health, is offering Healthy Business Certification to support local businesses that offer their employees' health and wellness

#### Partners Spotlight





#### Mission

We collaborate with employers to build a culture of health and safety in the workplace.

Assess

Advise

Connect



**RECOGNIZE** 



## The Health Links Standard

6 Benchmarks of Excellence





**EVALUATION** 

WORKPLACE ASSESSMENTS





**ENGAGEMENT** 



HEALTH POLICIES AND PROGRAMS



SAFETY POLICIES AND PROGRAMS



### Healthy Business Recognition Levels



Want to learn more. Go to <a href="https://www.healthlinkscertified.org">www.healthlinkscertified.org</a> for more information about Health Links!

